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DR. ANTRONETTE (TONI) YANCEY
Creator of Instant Recess

The mission of the **Dr. Antronette (Toni) Yancey and Darlene Edgley Fellowship for Health Promotion, Physical Fitness and Community Health Education (Yancey/Edgley Fellowship)** is to develop leaders of color who are committed to fighting obesity in underserved populations through community participatory research, intervention and prevention using physical activity and other health promotion strategies. Created by Ms. Darlene Edgley, the Yancey/Edgley Fellowship continues the work pioneered by the late Dr. Antronette (Toni) Yancey, MD, MPH. Dr. Yancey's concern with the dangers of America's sedentary lifestyle and its relationship to issues of obesity and related chronic diseases inspired the concept of Instant Recess®, a public health model which promotes a healthier lifestyle by utilizing small bouts of physical activity.

The Yancey/Edgley Fellowship (YEF) is accepting applications for the:

Conference Assistance Award

Application deadline: Ongoing **Award amount up to: \$750**

Eligibility criteria:

For students, professionals and junior faculty from historically underrepresented racial/ethnic groups within the U.S. seeking to:

- (1) Present at health conferences.
- (2) Promote physical activity as a strategy to address issues of obesity and related chronic diseases among underserved communities.
- (3) Studying minority populations within the U.S.

Conditions of award:

- The **Conference Assistance Award** is issued as a reimbursement and is available for local, regional, and national conferences within the U.S.
- Be a U.S. citizen or a permanent resident.
- Awardees agree to incorporate the following into their conference presentation to acknowledge the work of Dr. Antronette (Toni) Yancey's and the assistance provided by the Yancey/Edgley Fellowship:
 1. Name the **Conference Assistance Award** provided by the Yancey/Edgley Fellowship as a funding partner for presentation support.
 2. Facilitate a 2-min Instant Recess® Break crediting the late Dr. Antronette (Toni) Yancey as its founder.
 3. Communicate the benefits of short bouts of physical activity and the Yancey/Edgley Fellowship's contact information (*Note: This information will be provided by YEF.)

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